

TCMC Turkey Trot: 5K

Proceeds will benefit Friends of the Poor

Race Day Food/Clothing Drive

Bring donations of warm clothing and non perishable food items for Friends of the Poor

Date: 11/13/2010

Tiny Tot Turkey Trot: 8:30 AM
TCMC Turkey Trot 5K Walk/Run: 9:00 AM

Entry fees:

Tiny Tot Turkey Trot (Children under 13)

\$5 or 2 canned goods

Includes T-shirt, ribbon, face painting and games!

TCMC Turkey Trot 5K Walk/Run:

\$15 Pre-registered participants

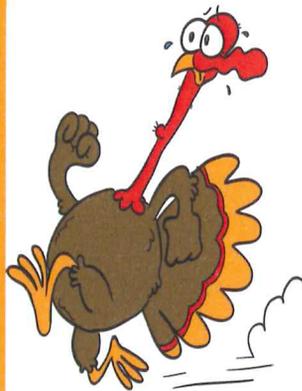
\$20 Race day registration

Free T-shirts for **first 250** registered participants
T-Shirts for sale on race day

**Race Day Registration and Start will be
located at Lackawanna College:**

501 Vine Street
Scranton, PA 18510

Contact: Mary Roman at 570-504-7000



FRIENDS OF THE POOR

TCMC
THE COMMONWEALTH
MEDICAL COLLEGE


Sponsored By:

The Sugarman Family



**Awards for Top Male and Female
runners overall**

**Medals for top 3 men and women
in the following age groups:**

19 and under

20-29

30-39

40-49

50 and over



<http://www.thecommonwealthmedical.com/turkeytrot>

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